

Life Steps

Day 1

Matthew 19:13-15

Take time to reflect on the wonder you felt as a child. If you can't remember that feeling, take time to observe children around you. What does Jesus mean by saying we must become like them in order to enter the kingdom?

Day 2

Hebrews 11:1

Consider your hopes and dreams from childhood. Is your life as you imagined it? For most of us, probably not. What do you hope your life will be like 5 or 10 years from now? Have you made plans to get there? What are you doing to prepare?

Day 3

Proverbs 19:21

What do you experience when things don't go according to your plans? Does it set you into a tail-spin, or do you just go with the flow? What plans do you think God might have for you? Do your plans for your life align with God's desires?

Day 4

Jeremiah 29:11

From God came everything in life that is good. Do you trust that God's desire for your life then is also good? Consider for a moment that God may be wanting to use you for his purposes. Who are the people God has placed in your world? See their faces, and as you do, pray for each one.

Day 5

Proverbs 16:3; Philippians 2:4

The work you do is important, but perhaps more important is who you do that work with. How engaged are you with the people you work with, serve with, live with, etc. Are you making efforts to connect with them, or do you merely tolerate them? What would God have you do?

Day 6

John 15:13

Aside from immediate family members, who were the people that meant the most to you over the course of your life? Give thanks for their sharing a part of their lives with you. Who would benefit from some time from you? Be intentional and set a time and place to meet. If you can't meet, write a note to them.

Day 7

Psalms 16:11; John 14:6

Jesus often took time to be alone with God. Look over the course of your life. When were you the happiest? What made you so? What brings you joy today? Consider ways God has shown up in your life over the years, whether you knew it at the time or not. How is God present today with you? Set aside some time alone with God today to reflect on his presence and goodness.