

# Life Steps

## Day 1

**2 Corinthians 4:7-18**

According to this passage how does God use our struggles and conflict to accomplish good both in our lives and in the lives of others? What does it mean to “fix our eyes not on what is seen, but on what is unseen”?

## Day 2

**Psalm 34**

What does this Psalm have to say to us about the hope we have in the face of suffering? How have you experienced God’s presence in the midst of difficult times?

## Day 3

**1 Peter 3:8-22**

What does this passage have to say about how we are to respond to the suffering that comes our way? Why would someone experience suffering for their faith? What is the reason for the hope that you have?

## Day 4

**Lamentations 3:19-33**

Is there any significance in this passage being right in the middle of a book all about suffering? Explain. What comfort does a passage like this offer those who are in the midst of suffering?

## Day 5

**1 Peter 1:3-9**

According to this passage what does God do with our grief and trials? How does this bring you comfort? How does it challenge you?

## Day 6

**John 20:11-18**

We often struggle to experience new life because we won’t let go of the old one. How does this passage speak to that? Why didn’t Jesus want Mary to cling to him? Is there anything from the past you need to let go of? Is there something in your present that you need to embrace?

## Day 7

**Isaiah 43:16-21**

Often we struggle to experience new birth because we continue to take our cues from other voices besides God’s. How does this passage speak to that? What are some of the lies and voices in your head that try and drown out the voice of God? What do they say? Make this passage your prayer today.