

# Ancient Path: Awareness

## Life Steps | February 13 & 14, 2016

**Memory Verse:** "Be still and know that I am God; I will be exalted among the nations, I will be exalted in the earth."  
- Psalm 46:10

### Day 1

Matthew 7:13-20

What is the narrow gate? Put verses 18-20 in your own words. What does this passage have to say about living into the fullness of God?

### Day 2

Matthew 7:21-29

What separates the true and the false disciples? In what ways are you building your house on the rock? In what ways are you still building it on the sand?

### Day 3

Luke 10:38-42

Whom do you relate with more, Mary or Martha? How so? What did Jesus mean in verse 42? In what ways are you neglecting the most important thing?

### Day 4

Mark 8:31-38

How is it possible for someone to gain the world and yet forfeit their soul? What does that look like? How does this passage encourage you? How does it challenge you?

### Day 5

Psalm 46; Luke 5:12-16

What are some of the benefits of silence and solitude? Why would Jesus feel the need to "withdraw to lonely places"? Do you find it difficult to "unplug"? Why or why not?

### Day 6

John 15:1-16

"Remain in me" can also be translated as "abide in me." What does it mean to abide in Jesus? How does that produce fruit in our lives? In what ways is this passage counterintuitive for living a full and meaningful life?

### Day 7

Hebrews 12:1-2 & Titus 2:11-14

What are some of the things in your life you need to start saying "no" to? What are some better things you need to start saying "yes" to?