

Stretched Thin: God Wrestlings

Life Steps | September 17 & 18, 2016

Memory Verse "I have been crucified with Christ and I no longer live, but Christ lives in me. The life I now live in the body I live by faith in the Son of God who loved me and gave his life for me." - Galatians 2:20

Monday

Genesis 25:19-26 & Memory Verse

At what and at whom are you always grasping? How did Isaac and Rebekah show maturity by seeking God's counsel? Why do you think Isaac didn't have children with anyone but Rebekah? How can you stop grasping and instead seek God's counsel and trust in a life situation today?

Tuesday

Genesis 25:27-34

Reflect on a despised youthful experience. How has it shaped you and your relationships with people? How could Esau and Jacob have changed their future in this one moment? How can you alter your parenting/relating to a sibling today in a way that might rewrite your story?

Wednesday

Genesis 27

When were you a Rebekah or Isaac in deceitful situations? How did deception permanently alter these relationships and your own? If God can use a devious human plot for good, how can he use your painful experiences? Pray for forgiveness/healing from deceptive acts.

Thursday

Review Genesis 28:10 - 30:24 & Memory Verse

What did Jacob bring to his night-time God wrestling? Is Laban's deception and/or are Leah and Rachel's grasping behaviors "justice" for Jacob's previous behaviors? How is God fulfilling his covenant with Abraham, Isaac, Jacob and us today? Give thanks for God's Blessings.

Friday

Genesis 30:25 - 31:55

How do you work hard, like Jacob, to become prosperous? Who gave Jacob the wisdom and insight to prosper? Prosperity is not bad, but how did it also create stress for Jacob's family? Evaluate the rhythm in your life between seeking prosperity and peace with God and others.

Saturday

Genesis 32:22-32

Describe a time when you wrestled with God. How does isolation affect your tendency to sin? How can you rethink times of failure as an opportunity for vulnerability and authenticity? How could connecting with others reduce your sinful habits?

Sunday

Genesis 25-32

Whom do you most relate to as a human in these chapters? How is the theme of deception a constant wedge in their relationships? Compare Jacob's nights alone in chapter 28:32. Summarize your week of study in a one-sentence theme. Pray for an authentic nature and God's continued blessings this week. Recite from memory, James 1:2-4 and Galatians 2:20.