

# Jumpstart: Grow

## Life Steps | February 18 & 19, 2017

### **Monday**

**Ephesians 4:13-15**

While God meets us where we are, he loves us too much to leave us as we are. By God's design, we are meant to grow. Identify where you are on the growth spectrum. Are you exploring Christianity, growing in Christ, close to Christ, or Christ-centered? How do your personal spiritual practices reflect that?

### **Tuesday**

**Hebrews 5:12-13**

If you've been part of the faith for over a year now, how well have you done in taking ownership of your own spiritual growth? Are you self-starting, or do you wait for instructions from others around you (the church, your small group, your serving team...)? Initiate a spiritual practice of prayer or Bible study today.

### **Wednesday**

**Colossians 1:9-10**

Spending time in prayer and in the Bible leads to a fruitful spiritual life. Examine how you spend time in the Bible. Are you reading daily? Do you go beyond reading by reflecting on and studying the scripture you've read?

### **Thursday**

**1Corinthians 13:11**

Reflect today on how your spiritual practices have changed since you first claimed the faith as your own. Can you identify times when you have stalled? Are you stalled now? What do you need to do to jumpstart your spiritual engine to begin growing again? Seek counsel if you're stuck and commit to re-engaging.

### **Friday**

**Luke 8:14-15**

The saying "garbage in/garbage out" rings true when it comes to the expression of our faith. Without growing through the practice of spiritual disciplines, the way we express our faith to others is reduced to thin, watered-down clichés that often have little to do with our faith. Make sure your spiritual diet is one of substance and not just surface phrases and lingo.

### **Saturday**

**1 Corinthians 3:6-7; Matthew 13:31-33**

When we consider the Word of God to be like a seed, it requires watering and feeding. This requires work and attention. How are you tending to your spiritual growth in terms of time and having other people speaking into your spiritual life?

### **Sunday**

**Proverbs 27:17**

Remember that the spiritual work we do is, by definition, relational. We worship TOGETHER, serve TOGETHER and grow TOGETHER. Connect with others who have joined you on your spiritual path. If you haven't connected with a small group, you can do that today by emailing [angela@pathway.church](mailto:angela@pathway.church)