

Running on Empty: Time

Life Steps | November 4 & 5, 2017

Monday

Matthew 6:25-34

Do you ever feel like you are running on empty? Do you ever worry about life? What does Jesus say about feeling empty and living with no margins?

Tuesday

Ecclesiastes 3:1-8

What does the Bible teach us about time? How are you spending your time? Do you see time as a gift from God?

Wednesday

Luke 10:38-42

Where do you see yourself in this story? Do you most identify with Mary? Martha? What would it look like for you to spend more time at the feet of Jesus?

Thursday

Luke 12:13-21

We have limits, and one of those limits is time. What does God say about the limit of time in this story? How did the rich farmer spend his time? How are you spending your time?

Friday

Exodus 20:8-11

This is a list of what we call the 10 Commandments. What "commandment" is described in these verses? Why is it important? What is Sabbath?

Saturday

Isaiah 58:1-14

God is pretty serious about the practice of Sabbath. How does Sabbath affect God's view of God's people? Why does Sabbath matter?

Sunday

Matthew 12:1-14

Sometimes Sabbath practices can be one more thing that we add to our "to do" list. How does Jesus redefine Sabbath? What is the root resistance in your soul that prevents you from practicing Sabbath as a regular discipline? If you practice, how do you practice Sabbath (rest, relationship and relaxation)? If you don't, what are you going to do to change your life rhythm?