

Series: As we move from the series “I Want to Know What Love Is”, we begin this new 6-week series by looking at “Why Jesus” and what it means to have a Kingdom of God Worldview. Then we shift to understanding ourselves to be Christ in the world and what it means to live sacrificially as citizens of the Kingdom of God and yet participants in the material world. Life gets real sometimes, and things get tight. What are we as Christians supposed to do with our resources of time, emotions, and money?

Small Group Tools:

- Weekly 8-12 Minute Video
- Scripture Readings & Reflection Questions for Discussion
- For guidance/direction/help in addressing challenges you may be facing: Coaching available (jeff@pathway.church)

Suggested Small Group Order:

- Informal Fellowship as group members arrive with snacks or meal together (food is good!!)
- Check-in and/or Relationship-building question
- Prayer (for newer groups, always best to ask someone privately beforehand)
- Watch Video
- Discuss video and share responses to Reflection Questions
- Invite group members to share a take-away or personal/group action step
- Closing Prayer (be sure to ask group members how the group can be praying for each other)

Do's and Don'ts:

- DO be flexible... rigidity is not a friend to intimacy and relational growth
- DON'T be afraid to allow questions related to the lesson outside of the suggested ones
- DO encourage group members to read daily life steps
- DON'T forget to read Missional Small Groups by M. Boren if you haven't already!
- DO HAVE FUN TOGETHER!!

“Running On Empty: Emotions”

Getting Connected: When are you the most content or full of Joy? Explain and give an example or two.

Psalm 27: After reading out loud as a group, invite everyone to personally read the whole Psalm, noticing words and phrases that could have been personally written for them. Invite the sharing of insights. Notice all of the psalmist's trust statements. Which do you desire to say with bold confidence? What does it mean to you to seek God's face? (Vs. 4, 8)

Psalm 14:2, Proverbs 8:17, Jeremiah 29:13, Isaiah 55:6-7 & Hebrews 11:6 What can we learn about seeking God and the value of spending time with God in these verses? How would you describe your relationship with Christ? Far from Christ? Growing in Christ? Close to Christ? Centered in Christ? Explain

John 14:7: Refer to your message notes as needed. What is the difference between the peace offered by the world and by Jesus? How can we tell if we are emotionally living in the peace of the world or the peace of Christ? Where in your life do you most need the peace that already dwells within you to rise up?

Refer to your message notes. Which of the simple emotional and relational boundaries do you most need to put into practice? Explain why.

Philippians 4:4-7: What requests do you have of God for the wellbeing of your health? (Emotional, Physical, Relational, Mental, Spiritual) Where and why in your life are you rejoicing?