

Seven: Forsaken

Life Steps | March 3 & 4, 2018

Monday

Matthew 26:31-35, 69-75

Do you remember a time you denied knowing Jesus? Knowing what you'd like to say ahead of time could help when the situation arises. Take time to write down who Jesus is to you and why you are able to trust him with your life.

Tuesday

I John 4:7-21

Did you grow up with the feeling of love no matter what, or did it feel as though you had to act a certain way to receive love? Write about that, and open yourself to God's unconditional grace and love.

Wednesday

Matthew 27:1-10

Describe a time you failed and felt there was no return. How did you move forward? How might that story help someone else who needs to hear that Jesus offers empowerment to let it go?

Thursday

Luke 4:14-30

Describe a time you felt the pain of rejection. If the hurt still stings, make a list of people you could reach out to, helping you move forward with confidence.

Friday

Psalms 22:1-21

Have you ever felt beaten down, unable to reach out for help? (Vs. 6) Is that going on right now? Picture Jesus lifting you out of that dark pit. Wherever you are in faith describe how your life will look when Jesus lifts you out of the pit.

Saturday

Mark 15:33-41

Describe a time you felt anxious or depressed. (Vs. 34) How did you experience God's presence? Identify someone who needs you to be that loving friend or supportive mentor. Begin by writing a prayer on his or her behalf.

Sunday

Matthew 27:11-24

Describe a time you were tempted to quit, or possibly did quit. What did you learn? Ask God to give you a heart of perseverance, for your good and for God's glory.