

2 Timothy: The Power of Words

Life Steps | July 22 & 23, 2018

Monday

Genesis 1:1-25

Think about how God created the universe. The power of God's word spoke life into being. Take a moment to reflect on this passage and the power of how words can create life. In light of this, think about the different people that you will see today. Challenge yourself today to speak words of life into these people so that they leave the conversation feeling better about themselves. Journal afterwards about your interactions.

Tuesday

Genesis 1:27

This passage reminds us that we all bear the image of God. When we think about each other as being made in the image of God, how does that temper how we speak to each other? Write about a recent experience either where you spoke to someone or they spoke to you in a manner that didn't reflect this passage. How should this verse change how we speak to each other?

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Wednesday

2 Timothy 2:15

This passage refers to "correctly [handling] the word of the truth." How do you interpret what he means by "the word of truth?" What does it mean to correctly handle the word of truth? How does this meaning play out in your daily interactions with other people?

Thursday

James 3:1-12

This passage deals with taming the tongue. We have all experienced our own words getting us into trouble. When was the last time you allowed your words to speak before you took time to think it all the way through? Knowing that the tongue can lead to the destruction of the whole body, what practices can you use to keep your words in check?

Friday

2 Timothy 2:1

In this verse Paul reminds Timothy to "be strong in the grace." When was the last time you experienced grace from someone else? Hold on to this verse and that recent experience today. Carry it with you as you encounter different stories or headlines about people. Rather than rushing to judgment about others, today choose to be strong in grace.

Saturday

Psalms 46

Some of the most powerful, life-giving words are the ones that come from God. Begin your day by using this psalm as your prayer. Then take a few moments to "be still" and know that God is who God has always been: A God who continues to speak into your life. Take this time to receive the words of God into your life.

Sunday

Psalms 138

As you prepare to come to worship today, begin by reading through this psalm. Remember that the words we speak should be used in praise of who God is and for what God continues to do. Prepare for worship by choosing words today that build up the body of Christ and praise God for the gift of life, redemption, and hope.