#### Word to the Wise: Words

**Life Steps** | September 29 & 30, 2018

Monday James 3:1-6

Why do you think James would say in verse 2 that if a person does not stumble in what they say, they are perfect? James points out that something small has enormous influences on setting direction. Do you think our tongues corrupt our hearts or do our hearts corrupt our tongues? (Proverbs 10:20-21)

Tuesday James 3:7-12

James uses various metaphors to describe the words that come from our mouths. What metaphor would others say best describes the words that flow from your tongue? James says the tongue can destroy relationships. Where have you seen or experienced the reality of this truth?

### Wednesday

Proverbs 10:8, 19 | 17:28 | 21:23 Ecclesiastes 5:2-3 | 10:14-14

According to these passages, what are the risks of talking to much? Refer to your message notes. Are you more of a quick or slow talker? Where in your life do you need to talk less? Where do you need to speak up? What is the value of talking less? (Proverbs 17:27 | Luke 10:39)

# Thursday

Proverbs 6:16-19 12:17,19,22 | 14:5 | 21:6 | 25:18

According to these passages, what are the outcomes of a lying tongue? Fully write out in your journal the verse which most speaks to you. Why does this verse resonate more than the others? Is there someone in your life you need to reconsider the nature of your relationship because of their lying?

## Friday

Proverbs 15:1,4 | 16:21 | 22:11 2 Thessalonians 2:1-12 | Matthew 11:29

What do these passages teach us about the value of speaking gentle words? Think of someone whose words are often harsh and pointed and someone whose words are gentle. Contrast the impact their words have on others. Spend time praying for God to redeem, heal and guide your tongue.

### Saturday

Proverbs 10:11, 20 | 12:18 16:24 | Ephesians 4:29

Identify any "unwholesome" words in your vocabulary that need to be retired. Write them in your journal, pray, asking God to replace them with wiser words. Who are you praying for at the moment and what life giving words do they need to hear from you? Refer to your notes as needed.

Sunday Proverbs 10:11-32

In these verses Solomon reveals 7 characteristics of the "mouth of the righteous." Underline or circle each in your bible then record in your journal. Prayerfully read each of the verses asking God to reveal the action steps you need to take in the coming week with your words.