

Word to the Wise: Sexuality

Life Steps | October 6 & 7, 2018

Monday

Genesis 2:8-17

Genesis 1 reminds us that everything God created is good. Why would God put a tree in the Garden of Eden and then instruct Adam and Eve to not eat from it? Are you more of a boundary keeper or breaker? Explain.

Tuesday

Genesis 2:18-25

What does it mean that Adam and Eve were “naked and not ashamed?” What does it mean to be “one flesh”? Before sin, how would you describe Adam and Eve’s relationship with God and each other? What does this passage teach us about God’s view of sexuality?

Wednesday

Proverbs 5:18-19 | Song of Songs 4:9-16

The bible often speaks of sexual relations between a husband and wife as a privilege and a blessing. How do these passages expand your understanding of God’s view of sexuality? Were you comfortable or uncomfortable when reading these texts? Why? What is God teaching you?

Thursday

I Corinthians 6:9-20

What does it mean that your body is not your own? (Vs. 15,17,19) Paul says “your bodies are temples of the Holy Spirit.” What lifestyle changes do you need to make so your body is a God honoring temple? What does it mean to be washed, sanctified and justified? (Vs. 11)

Friday

Proverbs 7:1-27

Review your message notes. What is the wisdom take away from this passage and your notes? What boundaries are you going to establish to protect yourself and/or your marriage?

Saturday

I Corinthians 7:1-7

How does marriage protect against sexual immorality? Single or married, what are some of the cultural influences from which we need to protect ourselves? How is meeting one another’s needs through an intimate marriage a picture of the gospel? (Ephesians 5:25-33)

Sunday

Genesis 3:1-10

Why did Adam and Eve hide after they sinned? When do you feel the most naked before God? Instead of hiding, what does God invite us to do? (I John 1:9) Single or married, get in touch with any shame, confess any sin and soak in the healing, forgiving, grace filled love of God.