

My Crazy Family: Creating a Healthy Family Culture

We understand not every household has children, but everyone most likely has children in close enough proximity to influence. Please consider any children God has placed in your circle of influence or future children for which you are planning and praying.

Monday

Proverbs 1:8-9 | Proverbs 22:6

What about the following phrase makes you cringe or anxious? "Parents reproduce who they are." What current life values and practices do you want your children to pick up and emulate?

Tuesday

Romans 12:9-10

What did affection and approval look like in the home you grew up in? Is showing healthy physical affection easy or difficult for you? Why do you think that is? What are some practical ways you could grow in this area? What are some practical ways you can honor your children?

Wednesday

1 Thessalonians 5:15 | Hebrews 12:14-15

On a scale of 1-10, ten being "Heavenly" and 1 being "Armageddon," how peaceful is your home during a typical week? What is one action you could do to bring more peace into your home immediately?

Thursday

Psalms 23

David says in verse four that the rod of the good shepherd protects and comforts. How is your parenting or grandparenting comforting and protecting? Are your discipline practices more punitive or teaching moments? Pray for your children.

Friday

Ephesians 6:1-4 | Colossians 3:21

Raising children is not to be an exercise in "exasperation" or "embitterment" for parents or children. Recall at least two of your most fun family childhood experiences. Why are they still so memorable? Brainstorm on some new fun family traditions you could introduce to your family?

Saturday

Philippians 4:5-7

When you were growing up, when and how did your family pray? How is prayer practiced in your home today? What would you like to change about your family's prayer practices? Write a sentence prayer for each of your family members by name.

Sunday

Colossians 1:17

Consider texting this verse to members of your family with a short prayer or words of encouragement.