

SERMON NOTES & LIFE STEPS

April 27 & 28, 2019

Total Package: Depression I Kings 18-19

SERIES PREMISE:

Healthy _____ + Healthy _____
+ Healthy _____ = "The Total Package"

1. Depression Facts: **Lamentations 3:17-20/2 Corinthians 1:8/I Kings 18:16-40**

2. Depression Causes:

a. _____

b. _____

c. _____

d. _____

I Kings 19:1-4

Philippians 4:8

Ecclesiastes 4:12

John 8:32

Galatians 1:10

3. Overcoming Depression

a. _____

b. _____

c. _____

d. _____

I Kings 19:5-19

Psalms 127:2

Matthew 11:28-29

Psalms 46:10

2 Corinthians 4:16-18