

# Life Steps

## Mindset: Chasing Clarity

### Monday

**1 Corinthians 14:33**

There will always be a topic of controversy that divides and confuses God's people. In the last week, what has been the thought you have given the most air time to? What has been the reality that has frustrated or confused you the most? Often, we add more frustration and confusion to the equation when we make decisions from an unclear mindset. Has this been your experience, or have you experienced peace in your thoughts? God is a God of peace, not disorder.

### Tuesday

**1 Corinthians 13:4-7**

One way to build this foundation is to not only begin there in our thoughts, but to choose to participate in situations or watch entertainment through the lens of 1 Corinthians 13:4-7. Are the majority of your thoughts patient and kind? Are your comments to others or social media posts envious, boastful, self-seeking, prideful, or dishonoring to others? When you have a conflict, would you rather be right or make a difference? Are you ready to protect, trust, hope, and persevere even when the world is constantly changing?

### Wednesday

**Romans 7**

In Romans chapter 7, verse 22, the Apostle Paul brings attention to another law at work within us even though we delight in the refuge God's love provides for us. He is acknowledging the battle that occurs in our mind and that we have both truth and stinking thinking waging war in our minds. How often do we behave in a way rooted in our stinking thinking? Let's get specific on what is true in our minds by writing who God says we are. For the rest of the month, read what you have written about what is true about you every morning.

### Thursday

**Luke 23:34**

Think about a situation where you have been hurt, betrayed, or humiliated. One of the many beautiful parts of Jesus' journey to the cross is that he experienced everything we as humans have. A friend betrayed him, he was wrongly accused, and humiliated by people who hate him in front of people who love him. We never once see Jesus lash out because He was clear on his purpose. Before he faced a very difficult day he spent hours in prayer to prepare him for what was about to happen. The more difficult the season the more time we should add to our quiet time with God. How is your quiet time going?

### Friday

**Matthew 7**

When was the last time you judged someone? There is so much information in our world, have you been tempted to judge a situation around you without knowing the full story? Every time we judge someone, we are delegating the power we have over our own minds to the person or situation we are judging. In Matthew 7:3, Jesus is asking why we are so quick to point out the sawdust in another person's eye when we have a plank or log sticking out of our own. Our mindset reveals how we are leading ourself. How are we doing?

### Saturday

**Philippians 4:8-9**

God is as close as our thoughts. Are your thoughts true about yourself and others? Are your thoughts noble, right, pure, and lovely? Are your thoughts admirable, excellent, or praiseworthy? In verses 8 and 9 we are encouraged to think about these positive things and put them into practice. We are all in this together.

### Sunday

**James 1:2-4**

List the trials that you have faced in 2020. It is not always easy to consider everything pure joy. Maybe the trials were not pure joy, or the aftermath, but joy can be found in understanding you were not alone. Once you have listed your trials, pray through each one, putting into practice giving God each trial so that perseverance can finish its work in all of us.