

Small Group Lesson 3 | Grow Together: Look Up

Main Idea: To learn how to pray so I am continually connected to God and empowered to live a godly life.

Get Connected:

- 1. Share a time you were so eager to speak with or meet someone you could hardly wait.
- 2. What is your view of prayer? When and under what circumstances do you normally pray?

In the Word:

Read Philippians 4:4-7 & I Thessalonians 5:16-18

- 1. When do these two passages say we are to pray?
- 2. What is the relationship between rejoicing, prayer and thanksgiving?
- 3. Notice the projected outcome of praying like this in verse 7. Has this been true in your own prayer life?

Read Ephesians 3:14-21

- 1. What is the focus of Paul's prayer? What does this reveal about his feelings toward people in the Church of Ephesus? About his view of God?
- 2. How does this prayer challenge you to rethink your own approach to prayer?

Application:

- 1. How would you describe your current prayer life and how has it impacted your relationship with God?
- 2. What are the benefits of establishing a specific time and place for prayer?
- 3. What adjustments will you employ into your current prayer practice so as to strengthen your connection and relationship with God?

Closing Prayer: See Video

