

# SERMON NOTES

February 17 & 18, 2024

**Unstuck: Help!**

Daniel 4

**Step 1:** We admit we are powerless over our fatal attraction to doing wrong. Our lives have become unmanageable.

1. **The Heart of Sin:** I would rather \_\_\_\_\_ than let \_\_\_\_\_. **Genesis 3:5**

2. **Step 2:** I have come to believe that a \_\_\_\_\_ can \_\_\_\_\_.

3. **Terms:**

a. Enabling: \_\_\_\_\_ someone remain stuck **Daniel 4:4-7**

b. Intervention: \_\_\_\_\_ to help someone get unstuck **Daniel 4:27**

c. Hitting Bottom: Coming \_\_\_\_\_ **Daniel 4:29-34**

4. **Nebuchadnezzar's Story Line**

a. Part 1: Insane \_\_\_\_\_ **Daniel 4: 29 – 30 | Romans 1: 21**

b. Part 2: Insane \_\_\_\_\_ **Daniel 4:31-33**

c. Part 3: Sanity \_\_\_\_\_ **Daniel 4:34**

5. Believing is \_\_\_\_\_, not \_\_\_\_\_.

**Homework:** Pray - God, \_\_\_\_\_ in my life today?

# Life Steps

**Unstuck: Help!** | February 17 & 18, 2024

## Monday

**Daniel 4:1-18**

**Reflect:** Why do you think Nebuchadnezzar was afraid after waking up from his dream? Why do you think the wise men in the King's circle said "We cannot interpret your dream?" Why did the King trust Daniel, an Israelite, with his dream? Who will speak the truth in love to you when you need it?

**Prayer:** God, I have made a mess trying to run my own life. Will you be God in my life today? Help me believe you really want to and can restore me to sanity.

## Tuesday

**Daniel 4:19-27**

**Reflect:** What was the difference between the response of the wise men and Daniel? Refer to your message notes for help. What do you think was Daniel's motivation? Most of the time, what motivates you to speak the truth in love to others?

**Prayer:** God, I have made a mess trying to run my own life. Will you be God in my life today? Help me believe you really want to and can restore me to sanity.

## Wednesday

**Daniel 4:28-37**

**Reflect:** What was the root of Nebuchadnezzar's problems? Or, where was he stuck? Describe how he hit rock bottom. Describe his recovery. Nebuchadnezzar thought he was strong enough to ignore God's warnings. How have you done the same in your life?

**Prayer:** God, I have made a mess trying to run my own life. Will you be God in my life today? Help me believe you really want to and can restore me to sanity.

## Thursday

**John 8:34 | Romans 1:21, 28 | Romans 8:6**

**Reflect:** What is our natural bent, tendency? Where do you struggle trusting God? What is it going to take for you to trust God and fully take step 2?

**Prayer:** God, I have made a mess trying to run my own life. Will you be God in my life today? Help me believe you really want to and can restore me to sanity.

## Friday

**Ephesians 3:20**

**Reflect:** According to these passages, what do we learn about God's intent for us from this verse? What do you believe God will do if you turn to him for help?

**Prayer:** God, I have made a mess trying to run my own life. Will you be God in my life today? Help me trust you really want to and can restore me to sanity.

## Saturday

**Luke 15:11-24**

**Reflect:** How was the prodigal son's homecoming different than expected? In what ways did the father show grace to his son? Do you believe God will welcome you with open arms and celebrate your return or do you think he will have reservations? What data or experiences have led you to your conclusion?

**Prayer:** God, I have made a mess trying to run my own life. Will you be God in my life today? Help me believe you really want to and can restore me to sanity.

## Sunday

**Luke 15:17a | Romans 8:6 | Romans 12:2**

**Reflect:** Once we have "come to our senses," what is to be our new direction? Are you more like Daniel or the King's wise men? Do you identify more with Nebuchadnezzar or the prodigal son? Why?

**Prayer:** Heavenly Father, I realize and admit I have made a mess by running my own life. Thank you for humbling me with the truth. I trust you to help and restore me to the person you created me to be. In the name of your Son who died to make it possible, Amen.