

Grow Together: Get Ready to Be Ready

Joshua 1:6-9 September 19 & 20, 2015

1. Readiness for readiness comes through exercising the _____
_____.

2. The three types of disciplines are: _____;
_____; and _____.

3. Inward Disciplines:

a. Meditation:

Psalm 119:97

i. What? The ability to hear God's voice and _____

ii. When? _____

iii. Where? Somewhere _____, that is free of distractions.

iv. How? By meditating on _____, Creation, or Events

b. Prayer:

Matthew 6:7-8

i. What? _____

ii. When? _____

iii. Where? _____

iv. How? _____, Imagining, Covering

c. Fasting:

i. What? _____ from something for spiritual purposes

ii. When? _____

iii. Where? _____

Matthew 6:16-18

iv. How? Under medical supervision, build up gradually _____

d. Study:

Romans 12:2

i. What? Two types: _____ and Nonverbal (Life)

ii. When? _____ and _____

iii. Where? _____

iv. How? Repetition, Concentration, Comprehension, _____

1. Verbal: 3 Readings—understand, interpret, _____

2. Nonverbal: _____, Relationships, Culture, Self

v. Most importantly: learn _____