

# Stretched Thin: Endurance

1Kings 19 | October 22 & 23, 2016

1. Busyness can lead to \_\_\_\_\_.

**1Kings 19:13**

2. A different \_\_\_\_\_ can declutter our lives.

**Matthew 11:28-30; James 1:2-4**

3. Endurance happens when we obtain a \_\_\_\_\_

\_\_\_\_\_.

**John 5:39-40**

4. Community support \_\_\_\_\_ endurance that

leads to \_\_\_\_\_. **1Kings 19:19; John 20:19-23; Luke 24:36-45**

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## Life Steps | October 22 & 23, 2016

**Memory Verses:** James 1:2-4 & Galatians 2:20

### **Monday**

**Matthew 6:33**

What are your top 3 priorities in life? Look at your "to do list" for today. Does it show you are giving time each day to your priorities? If not, make a plan to "close the gap". Make a commitment to do one thing this week to move closer to keeping your priorities first.

### **Tuesday**

**1Kings 16:29-33. Exodus 20:3-4**

Baal was believed by many to be the god of rain/ weather and the human survival was dependent upon his provision. Pleasing Baal was a priority for the people. What are the "Baals" in our lives today?

### **Wednesday**

**Matthew 14:23, Matthew 26: 36,39,42,44**

What was Jesus' prayer life pattern? What is yours? Do you embrace praying continuously or a disciplined time of prayer routine? Is your style indicative of a Christ follower? Does it place God as the priority of your life?

### **Thursday**

**James 1:2-4**

Think of a time when you felt your life was out of control. Did you "fight through the feeling" or did you give up too early and now continue to face the same issues today? Ignoring an issue may seem like a good solution but it is only temporary. How can you find the strength to continue work through the trials?

### **Friday**

**Hebrews 11, Exodus 4:13-16 27-31, 1Kings 19:15-21**

Moses, and Elijah are listed in the hall of faith in the Bible (Hebrews). What do they have in common? How does God respond to them to help them during their time of despair?

### **Saturday**

**John 20:19-20, Luke 9:28-31, 2Corinthians 1:3-7**

God made us to be relational. What do these passages convey to us today? Do you struggle with busyness, debt, grief, divorce, poor relationships, a hurtful habit or hang up? Get help getting connected with a merge group or small group at [www.pathway.church](http://www.pathway.church) and let the healing begin.

### **Sunday**

**James 5:13-18**

Who have you prayed for this week? Follow up with the people you are praying for if possible. Let them know they are not going through their difficult journey alone. There is power in prayer!