

Series: As we move from the series “I Want to Know What Love Is”, we begin this new 6-week series by looking at “Why Jesus” and what it means to have a Kingdom of God Worldview. Then we shift to understanding ourselves to be Christ in the world and what it means to live sacrificially as citizens of the Kingdom of God and yet participants in the material world. Life gets real sometimes, and things get tight. What are we as Christians supposed to do with our resources of time, emotions, and money?

Small Group Tools:

- Weekly 8-12 Minute Video
- Scripture Readings & Reflection Questions for Discussion
- For guidance/direction/help in addressing challenges you may be facing: Coaching available (jeff@pathway.church)

Suggested Small Group Order:

- Informal Fellowship as group members arrive with snacks or meal together (food is good!!)
- Check-in and/or Relationship-building question
- Prayer (for newer groups, always best to ask someone privately beforehand)
- Watch Video
- Discuss video and share responses to Reflection Questions
- Invite group members to share a take-away or personal/group action step
- Closing Prayer (be sure to ask group members how the group can be praying for each other)

Do's and Don'ts:

- DO be flexible... rigidity is not a friend to intimacy and relational growth
- DON'T be afraid to allow questions related to the lesson outside of the suggested ones
- DO encourage group members to read daily life steps
- DON'T forget to read Missional Small Groups by M. Boren if you haven't already!
- DO HAVE FUN TOGETHER!!

“Running on Empty: Time”

Getting Connected: What is the most refreshing Vacation you have ever taken?

Hebrews 4:1-11

Where in your life are you experiencing the most unrest, running on empty? OR, what makes you the most tired, empties you of energy? Or, how would you describe the pace or rhythm of your life? Much of Israel ignored or misunderstood the purpose of Sabbath Rest. (Vs. 2) What thoughts or feelings come to mind when you hear “Sabbath Rest?” (Vs. 9) How does the world condition us to live “restless” lives?

Matthew 11:28-30

How does Jesus describe himself? What do those words mean to you? What burdens do you need to lay down? What do you think Jesus yoke is? Yoke implies being connected to someone else. To whom are you connected, yoked, that helps you carry your burdens? As a group, brainstorm on possible action steps we can all take to become more yoked to Jesus?

Matthew 6:25 – 34; James 4:7 – 10; Psalm 100

What do you think is the common idea expressed in Matthew 6:33, James 4:7 and Psalm 100? What do you worry about? What are your top five life priorities? What would it look like for you to make first things first? Share with the group how you are going to practice a Sabbath Rhythm? Refer to your message notes as needed.