

Colossians: ReThink | Draw the Line

Monday

Colossians 3:1-4 | Romans 8:5-8

What are some of the earthly things that dominate your thoughts and emotions? Name some of the "things above" you will set your heart and mind on in the coming week. See Philippians 4:8 to jump start your list.

Tuesday

Colossians 3:5-9 | Galatians 5:19-21

What we believe impacts how we live. Draw a perpendicular line in your journal, writing "no" on one side and "yes" on the other. Consider the various daily life decisions you have to make in your work, relationships, money, recreation and so forth. Record on the "no" side your responses to "I will not _____." See message notes as needed.

Wednesday

Colossians 3:9-11

How comfortable are you around people who are not like you? How do you think your family of origin or childhood experiences impacted how you see those whose lifestyle, skin color or faith is different than yours? Pray, asking God to help you be more comfortable with people outside your comfort zone.

Thursday

Colossians 3:12 | Galatians 5:22-26

Paul asks us to clothe ourselves with five different virtues and to walk by the Spirit. Using the line you drew in your journal on Tuesday, identify ways you will say "yes" to these virtues. "I will _____."

Friday

Colossians 3:13 | Romans 15:1-7

How has God been patient with you in the past week? Paul says "bear with each other." How well have you done that with difficult people in the past week? Who are the people in your life with whom you have a current grievance? What is keeping you from forgiving them?

Saturday

Colossians 3:14 | Romans 12:9-21

Refer back to the lines you drew on Tuesday and Thursday. How do these two passages impact what you have already recorded or inspire you to add to your answer to "I will not _____" and "I will _____."

Sunday

Colossians 3:15-17

How peaceful do you feel today and why? What would it look like for you to "let the peace of Christ rule in your heart" every day in the coming week? Spend some time giving thanks to God in prayer, in song or however you feel led.