

## Drained: Over Scheduled

- Pray every day before reading the selected passage,  
“Thank you God for loving and watching over me. If you have anything you want to whisper to me, I will listen and obey.”
- Journal any whispers from God.
- Homework: Begin drafting a God first schedule.
- Read each passage through the lens of these two questions and the current context of your own life.
  - What would my schedule look like today if God was in charge of my time?
  - Who do I want to become in the next season of my life?
- Adjust your calendar to reflect your responses to these questions.

**Monday**                      **Matthew 6:25-33**

**Tuesday**                    **Luke 6:43-49**

**Wednesday**                **John 5:1-14**

**Thursday**                    **Matthew 5:33-37**

**Friday**                        **Mark 5:21-43**

**Saturday**                    **Luke 4:14-30, Reflect on vs. 16**

**Sunday**                      **John 4:1-26**