

GRATITUDE

Monday

Psalm 34

Gratitude begins with a posture of humility. As we humble ourselves before God, our praise follows as we reflect on His goodness. As you begin your day take a moment to remember how God has been faithful in your life. Hold onto one moment in particular and keep it before you as you go through the rest of your day.

Tuesday

1 Thessalonians 5:17

Paul tells us here to pray continuously. Often, we think of prayer as being something only done in solitude. Today, think of prayer as an ongoing conversation. Begin your day with quiet time, but keep the conversation going throughout the day. As you do this, look for reasons to be grateful. Keep a mental list and write them down at the end of the day.

Wednesday

Ephesians 1:15-16 | Philippians 1:3-4 | Colossians 1:3

In many of Paul's letters he begins with thanksgiving for the relationships he has with these churches. This does not mean there wasn't conflict between the churches and Paul, or that there weren't challenges in that relationship. But Paul still found a way to begin his address with thanksgiving for them. As you prepare to be with family tomorrow, where there is potential conflict, spend today offering thanksgiving for the relationships that God has placed you in.

Thursday

1 Samuel 6:13

Gratitude is a choice of posture. In this passage, right before they rejoiced, the Israelites took a posture of looking up. As you celebrate Thanksgiving today, choose a posture that looks up to God continually, not to ignore the challenges of your current reality, but to engage with God in the hope that always comes with His presence. Be thankful today that our God is good, that our God is faithful, that our God is love!

Friday

Proverbs 8

Black Friday has become the national holiday for indulgence. But we are reminded in this proverb that some of the most life-giving blessings do not have a price tag attached to them. Begin your day by reading this proverb, then take a moment to write down and reflect on the blessings in your life that are not purchased at a store.

Saturday

Luke 1:26-38

As we move into the season of Advent, we remember and celebrate the anticipation the world felt with the coming of Jesus, the Messiah. This passage reminds us that the plans of God can often run counter to our own plans. As you prepare to celebrate, take a moment to reflect on what your hopes are for this season of Advent.

Sunday

Isaiah 9:6-7

Every weekend we get the opportunity to come together, to worship, and to give thanks that God is faithful. Reflect on this passage and allow it to prepare your heart for worship today.