

# Mothers Day

## **Sunday**

**Proverbs 31:26**

Prayerfully journal the names of your own spiritual mothers. Journal what she or they taught you about God's love and your place in the world. Mother's Day evokes a variety of emotions, joy and sadness, excitement and dread. What are you experiencing and why? What values and wisdom do you hope to impart upon the next generation in your family tree & beyond?

## **Monday**

**Proverbs 31:28-30**

Prayerfully journal the names of the children and or young adults who look to you for wisdom and guidance? Write out a sentence prayer of blessing over each of them. The fear of the Lord is beautiful in the eyes of God. Fear does not mean afraid, but revere. What does it mean to you to revere the Lord?

## **Tuesday**

**Psalms 139**

Psalms 139 reminds us who God says we are. If we allow, the world will tell us who we are supposed to be, the role we are to fill, and the nature of our identity. Think about your own identity and uniqueness. Who has had more influence on your identity, the world or God? Explain. Using Psalm 139 as a point of reference, write out how you believe God sees you.

## **Wednesday**

**Matthew 6:19-21**

Take an honest inventory. What are your priorities? What do you treasure? Matthew advises that when we answer these questions, we will discover where our hearts are focused. Journal what you spend your time doing and see if it aligns with what you value and treasure? What changes do you need to make to be healthy in body, mind and soul?

## **Thursday**

**Matthew 5:4**

The Covid-19 pandemic, has disrupted our marking of many life milestone moments. Grief is a normal response. Journal a few milestones the pandemic has interrupted and how you have coped. How has this experience made you more resilient and solidified your faith? Asking for help is a sign of strength. If you need prayer today, email us at [Prayer@Pathway.Church](mailto:Prayer@Pathway.Church). We would love to be part of your support system.

## **Friday**

**James 1:2-8**

The art of finding joy in the midst of Uncharted Water is an important practice. Joy is not reserved for Charted Water life experiences. What have you struggled with the most since Covid-19 interrupted our lives? What has given you joy and what have you learned about yourself? Find comfort in knowing God has equipped you for the race in front of you and you will not be overtaken.

## **Saturday**

**Galatians 3:26-29**

What does "you are a child of God" mean to you? How does verse 28 impact how you see yourself? How does it impact how you view others, especially those who do not look like you? Pray for the eradication of all biases where hate festers.