

Life Steps

Grow Together: Look Up | October 18, 2020

Day 1

Matthew 6:9-13

Morning Reflection

Write out the Lord's Prayer from the Sermon on the Mount then pray slowly, working through it as your morning prayer.

Evening Reflection

Review your day and pray again the Lord's Prayer.

Day 2

Colossians 3:16

Morning Reflection

Write out our verse for the day. Pray by giving thanks to God for the gift of a new day.

Evening Reflection

Review your day. Pray by giving thanks to God for how He showed up throughout the day.

Day 3

Mark 11:24

Morning Reflection

Write out our verse for the day. Think about your upcoming day then pray, asking God to meet a need.

Evening Reflection

Review your day. Pray. Turn over to God any unmet needs or unresolved issues and ask for a good night's sleep.

Day 4

Philippians 4:16

Morning Reflection

Write out our verse for the day. Think about your upcoming day then pray, telling God something you are anxious or worried about, offering it up to Him.

Evening Reflection

Review your day. Pray. Turn over any leftover worries and ask God for a good night's rest.

Day 5

Galatians 6:2

Morning Reflection

Write out our verse for the day. Think about your upcoming day then pray, asking God for something specific for someone in your life circle.

Evening Reflection

Review your day. Pray. Ask God for something specific for one of your family members or very close friends.

Day 6

2 Timothy 2:1-2

Morning Reflection

Write out our verses for the day. Think about what you love about your city and our country. Pray for all of the candidates running for local/national offices and the election process as a whole.

Evening Reflection

Review the latest political and election news of the day. Pray for the spiritual wellbeing of candidates as the Holy Spirit so leads.

Day 7

Psalms 51:1-2

Morning Reflection

Write out our verses for the day. Review the past few days. Pray, confessing to God where you have sinned and ask for his forgiveness.

Evening Reflection

Review your day. Pray. Give thanks to God for His mercy and compassion.