

Life Steps

Grow Together: Love In | October 25, 2020

Day 1

Hebrews 10:24-25

Morning Reflection

Commit: Be on the lookout for someone you can encourage today.

Evening Reflection

Review the Day: Did I encourage someone today? If yes, how did that feel? If no, what kept me from doing it?

Pray: God, help me to be a blessing to those around me.

Day 2

Morning Reflection

Ecclesiastes 4:9-10

Commit: Be on the lookout for someone to help today.

Evening Reflection

Review your day: Did I offer to help someone today? If yes, how did that feel? If no, what kept me from doing it?

Pray: God help me to notice the needs of those around me, then nudge me to respond as Jesus would.

Day 3

Matthew 18:19-20

Morning Reflection

Commit: Reach out to a family member or someone in your small group and ask how you can be praying for them?

Evening Reflection

Review your day: Did I reach out to someone and pray for them? If yes, pray for that person now. If not, what kept me from doing it?

Pray: God, grant me the courage to lovingly ask others how I can pray for them and follow through by actually praying for them.

Day 4

Galatians 6:2

Morning Reflection

Commit: Reach out to someone today you know is struggling.

Evening Reflection

Review your day: Did I reach out to someone who is struggling? If yes, pray for that person now. If no, what kept you from doing it? If it is not too late, reach out now.

Pray: Lord, help me to see the struggle of those around me and put their needs above my own.

Day 5

John 13:34

Morning Reflection

Commit: Ask God to show you someone who needs to feel loved today and then act on it.

Evening Reflection

Review your day: Did I find a way to show love to someone who needed it? If yes, thank God for the opportunity. If no, what kept me from doing it?

Pray: God, help me to love others as you have first loved me.

Day 6

Ephesians 4:32

Morning Reflection

Commit: Reflect on who you might need to forgive or ask for forgiveness from? Act on your reflection if the timing is appropriate.

Evening Reflection

Review Your Day: Who came to mind as I reflected on forgiveness?

Pray: Jesus, give me the willingness to forgive _____ as you have forgiven me. And grant me the courage to ask _____ to forgive me.

Day 7

Morning Reflection

Acts 2:42

Commit: Invite someone to share a meal in the coming days.

Evening Reflection

Review Your Day: Did I invite someone to share a meal? If yes, ask God to make the time a meaningful experience for both of you. If no, what kept you from doing it?

Pray: Lord, help me to be someone who generously offers hospitality.