

Life Steps

The Happy Life: Better Than Happy | January 9 & 10, 2021

Day 1

Philippians 1:1-8

Reflect: What is the primary takeaway from the message you want to apply to your life this week?

Prayer: God, I cherish the joy which comes from focusing on you and serving others without regard to what it costs me. Give me the power to take the needed steps to daily experience your joy. In Jesus name, amen.

Day 2

Philippians 1:6 | John 15:5-11 | Hebrews 12:1-2

Reflect: What do these verses tell us about the role joy has in Jesus' ministry? How does following Jesus example bring joy to believers?

Prayer: God, I cherish the joy which comes from focusing on you and serving others without regard to what it costs me. Give me the power to take the needed steps to daily experience your joy. In Jesus name, amen.

Day 3

Proverbs 17:22; 10:28

Reflect: Think of the happiest person you know. How does he or she make others feel? Think of the grumpiest person you know. How does she or he make others feel? Most of the time, how do you make others feel?

Prayer: God, I cherish the joy which comes from focusing on you and serving others without regard to what it costs me. Give me the power to take the needed steps to daily experience your joy. In Jesus name, amen.

Day 4

Acts 4:8-10 | Proverbs 11:25

Reflect: How has this statement been true in your life? "Joy comes when I practice acts of kindness and generosity."

Prayer: God, I cherish the joy which comes from focusing on you and serving others without regard to what it costs me. Give me the power to take the needed steps to daily experience your joy. In Jesus name, amen.

Day 5

Psalms 30:1-5

Reflect: How has this statement been true in your life? "Suffering can interrupt the happy life, but it cannot stop the meaningful life."

Prayer: God, I cherish the joy which comes from focusing on you and serving others without regard to what it costs me. Give me the power to take the needed steps to daily experience your joy. In Jesus name, amen.

Day 6

Philippians 2:3-4

Reflect: How has this statement been true in your life? "Meaning comes when I invest deeply in personal relationships."

Prayer: God, I cherish the joy which comes from focusing on you and serving others without regard to what it costs me. Give me the power to take the needed steps to daily experience your joy. In Jesus name, amen.

Day 7

Philippians 1:1-8

Reflect: How has this statement been true in your life? "The happy life is rooted where I am physically, vocationally or financially. The meaningful life is rooted where I am spiritually."

Prayer: God, I cherish the joy which comes from focusing on you and serving others without regard to what it costs me. Give me the power to take the needed steps to daily experience your joy. In Jesus name, amen.