

Life Steps

The Happy Life: The Secret | January 30 & 31, 2021

Day 1

Philippians 3:1;4;4 | I Thessalonians 5:16

Reflect: What do you think was the impact of these “be joyful” commandments upon the early church? Describe a time the “joy” of another person rubbed off on you.

Prayer: List as many “joy” filled people you can who bless your life. Offer a prayer of thanks for each of them.

Day 2

Luke 15:1-7

Reflect: How has God touched and blessed you in the past few months? Spend some time rejoicing. With whom are you prayerfully building a relationship, “and eagerly expecting” God will use you to facilitate a divine “aha” moment?

Prayer: Loving God, make me a blessing of joy today to every person who crosses my path. In Jesus’ name, amen.

Day 3

Philippians 2:1-4

Reflect: Why do people of all cultures find Christ’s character a challenge to emulate? What do you find challenging about living your life in a humble manner?

Prayer: Spirit of the living God, fall afresh on me. Melt me, mold me, fill me, use me. Spirit of the living God, fall afresh on me and make me more like Jesus. In Jesus’ name, amen.

Day 4

Philippians 2:3-5

Reflect: How does your desire for status or prestige affect your daily thoughts and activities? How does your regard for others depend upon their status in life?

Prayer: Forgive me God for how I have failed to live my life in a way that honors you and joyfully blesses others. In Jesus’ name, amen.

Day 5

Philippians 2:5-11

Reflect: How does Paul’s description of Jesus’s life as a slave, run contrary to both the culture of Paul’s day and our day? What would it look like for you to humble yourself?

Prayer: God, give me grace to be more humble and obedient to your joy-filled commands. In Jesus’ name, amen.

Day 6

Philippians 2:1-11

Reflect: Make a list of characteristics Paul uses to describe Jesus and his ministry here on earth. What steps do you need to take to change your thoughts, motivations, and actions to be more Christ-like?

Prayer: Give me grace to be more humble and be your servant among my family, friends, work, and community. In Jesus’ name, amen.

Day 7

Galatians 2:20

Reflect: What does “I have been crucified with Christ” mean to you?

Prayer: Father, your will be done in every area of my life today. Continually make your will known to me in every human interaction and then give me the power to carry it out. In Jesus’ name, amen.