

Life Steps

Life Changing Words: Thanks | March 13 & 14, 2021

Day 1

Thessalonians 5:18

Reflect – As you prepare for the week that lies ahead, remember what Paul reminds us to do always. In all circumstances this week, visualize saying thanks to God every day.

Pray – Praise God from whom all blessings flow. For all that I have, Father, thank You.

Day 2

John 6:7

Reflect – Our world makes it easy for us to focus on what we don't have. But gratitude springs from a different focus. Begin your day by listing five things you have to be thankful for. Carry this list with you today.

Pray – Praise God from whom all blessings flow. For all that I have, Father, thank You.

Day 3

John 11:41

Reflect – The strength and resilience of God's goodness is often experienced on the other side of pain. Take time this morning to connect with a difficult season in your past. Reflect on how God brought you through it, and say, "thanks!"

Pray – Praise God from whom all blessings flow. For all that I have, Father, thank You.

Day 4

Psalms 34

Reflect – Saying thanks is not always easy. Knowing that today might bring challenges, reflect on the faithfulness of God, and remember that God's plan will not be undone. Be prepared for the moment when challenges happen. Have the strength to say, "I will praise the Lord at all times."

Pray – Praise God from whom all blessings flow. For all that I have, Father, thank You.

Day 5

Romans 8:28

Reflect – What is the biggest challenge in your world right now? Remember, saying thanks in every moment is different than saying thanks for every moment. Reflect on the possibilities of God so you can remain grateful in this challenging moment.

Pray – Praise God from whom all blessings flow. For all that I have, Father, thank You.

Day 6

Matthew 26:26-27

Reflect – How difficult do you think it was for Jesus to say thanks in this moment? Yet, we now see how God multiplied the blessing for all creation because of Jesus' thanks in the valley. Reflect on how God can multiply the blessing for all creation because of your thanks in the valley.

Pray – Praise God from whom all blessings flow. For all that I have, Father, thank You.

Day 7

Psalms 100

Reflect – How did you do this week recognizing the blessings of God? Were you able to say thanks, and mean it, throughout the whole week, regardless of the circumstances?

Pray – Praise God from whom all blessings flow. For all that I have, Father, thank You.