

# SERMON NOTES

May 7 & 8, 2022

**Rooted:** Honoring

**How to honor my parents:**

**2 Timothy 1:5 | Ephesians 6:2-3**

1. \_\_\_\_\_ about who my parents really are and how I feel about them. **Hebrews 11**

2. \_\_\_\_\_ who my parents really are. **Romans 15:7**

3. \_\_\_\_\_ reminds me that God is working for the good even in my complicated parental relationships. **1 Thessalonians 5:16**

**Mom Gratitude Sentence:**

# Life Steps

Rooted: Honoring | May 7 & 8, 2022

## Monday

**2 Timothy 1:1-5**

**Reflect:** What does verse 5 tell us about Timothy? Describe the spiritual legacy that led you to where you are today in your faith.

**Prayer:** God, thank you for those who have spoken faith into me.

## Tuesday

**Ephesians 6:2-4**

**Reflect:** How do you honor your parents and grandparents? What positive impact could honoring your parents and grandparents have on your soul? Consider this quote from Dallas Willard: "A long and healthy existence requires that we be grateful to God for who we are, and we cannot be thankful for who we are without being thankful for our parents through whom our life comes. They are a part of our identity, and to reject and be angry with them is to reject and be angry with ourselves. To reject ourselves leads to sickness, dissolution and death, spiritual and physical. We cannot reject ourselves and love God."

**Prayer:** Thank you God for the gift of life you gave me through my parents.

## Wednesday

**Hebrews 11:17-34**

**Reflect:** Hebrews 11 honors a list of people for their faith, but every one of them had a "dark" side to their story. Honoring someone includes being honest about who they really are or were. How has the "dark side" of your parent's story shaped you for the good?

**Prayer:** God, help me to learn and grow from the "dark side" of my parent's story.

## Thursday

**Romans 15:1-7**

**Reflect:** To accept you means, I cease to judge or condemn you and see your value as a child of God. How do you need to apply this to your mom and or dad?

**Prayer:** God, help me to accept my parents for who they are.

## Friday

**1 Thessalonians 5:12-18**

**Reflect:** Considering the directive to honor your parents, what do you sense this passage saying to you?

**Prayer:** As a prayer, list all the many ways you are thankful for your parents.

## Saturday

**Deuteronomy 6:1-7**

**Reflect:** What is the spiritual legacy that you are passing on to the generations that will follow you?

**Prayer:** God, help me become the person you created me to be, not for my sake but for the sake of generations to come.

## Sunday

**Exodus 20:12**

**Reflect:** Consider how God is forming and growing you through your relationship with your parents. What is God saying to you today about that relationship?

**Prayer:** God, you created my parents in your image. Thank you for their impact upon my life.