

SERMON NOTES

October 29 & 30, 2022

Progress is Perfection | All About Sex

Matthew 5:27-30

1. Using someone's body for _____ without their consent is an _____.

2. Anyone can be _____.

3. Lust is the responsibility of _____.

Matthew 5:27-30
Genesis 1:27

4. Healthy marriages are built on the consistency of _____,
_____ and _____.

5. Sexual intimacy is God's invention to _____.

Genesis 2:24

6. The _____ are the source of any habit,
hang up or hurt that _____.

Matthew 5:28

7. Sexual sin thrives in _____.

Healing and freedom thrives in _____.

Life Steps

Progress is Perfection: Anger Issues | October 29 & 30, 2022

Monday

Matthew 5:27-28

Reflect: Like with anger, Jesus says our inability to embrace sex as a beautiful gift from God to be enjoyed in healthy ways is because of the thoughts, attitudes and scars in our heart. When it comes to your sexuality, what is the state of your heart?

Prayer: Here's my heart Lord, make it be like yours.

Tuesday

Matthew 5:29-30

Reflect: What are some possible areas of temptation when it comes to sexual sin and what are some practical things an individual and or a couple can do to protect themselves? Recite from memory best you can Matthew 5:3-16.

Prayer: Here's my heart Lord, make it be like yours.

Wednesday

1 Corinthians 10:12-13

Reflect: Ask God to show you the way out of a specific temptation. It may be a distraction, an interruption, a habit, some form of technology etc. Then choose to take the way God shows you.

Prayer: Here's my heart Lord, make it be like yours.

Thursday

Genesis 1: 27-28

Reflect: Do you embrace your sexuality and identity as a sexual being as a gift from God or something else? Explain. Begin memorizing Matthew 5:17-20.

Prayer: Here's my heart Lord, make it be like yours,

Friday

Colossians 3:5-11

Reflect: Paul commands us in this passage to "put to death" and "rid yourself" of some stuff. Which of these are an issue you most need help with? How are they hindering your ability to live in the reality of the Kingdom of God?

Prayer: Here's my heart Lord, make it be like yours.

Saturday

Galatians 5:16-18

Reflect: In your life as a whole, your work life, your financial life, your single life, your married life, your parenting life, what would it look like for you to "walk in the spirit?"

Prayer: Here's my heart Lord, make it be like yours.

Sunday

Matthew 5:3-30

Reflect: Thus far, what has been your greatest takeaway from our study of the Sermon on the Mount? What is your personal application from that take away? Work on your memory work if you have time.

Prayer: Lord God of heaven and earth, use me to bring to earth what you are doing in heaven.