

SERMON NOTES

September 16 & 17, 2023

Out of Control: Healing Mark 5:24-34

1. God established healing in _____ . **Romans 8:28**

2. Israel believed:
 - a. God was _____, not _____ .
- "Wing" – Hebrew – Kanaph – _____ **Exodus 19:4 | Psalm 91:4**

 - b. The Messiah would come with healing in _____ .
Malachi 4:2

3. The Bleeding Woman, Jairus and Jesus **Mark 5:21-43**
 - a. She had experienced twelve years of _____ **Mark 5:24b-26**

 - b. She was _____, so was anything she _____ .

 - c. She lived in _____ .

 - d. She believed _____ would heal her. **Mark 5:27-28**

 - e. She experienced Jesus' _____ and _____ . **Mark 5:29-33**

 - f. She was fully healed when she _____ . **Mark 5:33**

 - g. More than physical healing, Jesus wanted her to _____ . **Mark 5:34**

 - h. With Jesus, _____ become _____ . **Mark 5:21-24**

Life Steps

Out of Control: Healing | September 16 & 17, 2023

Monday

Mark 5:24b-26

Reflect: The woman's health condition meant she was unclean. How might this have impacted her physically, financially, and spiritually? Imagine yourself as the woman. What are you thinking and feeling?

Prayer: Pray for someone you know who needs some form of healing. Consider sending them a one-sentence prayer text.

Tuesday

Mark 5:27-28

Reflect: Imagine yourself as the woman. What are you thinking and feeling as you plan to touch Jesus' cloak? What is an area of your life where you need healing?

Prayer: Tell God where you need healing and ask him to do it. Remember, God is working in all things for your good.

Wednesday

Mark 5:29 | Romans 8: 28 a

Reflect: From memory, write out in your journal Romans 8:28 a. Imagine yourself as the woman. What are your emotions when the bleeding, the pain, the suffering stop? Why?

Prayer: Remember a time you experienced healing and express gratitude to God.

Thursday

Mark 5:30-34

Reflect: Why do you think Jesus paused to find out who touched him? What is the woman's reaction to Jesus' question? What is Jesus' response to the woman's confession, and why was it significant?

Prayer: Pray again for the person you know who needs some form of healing. Send them another one-sentence prayer text.

Friday

Mark 5:21 – 24 a

Reflect: Compare Jairus and the woman. How are they different? Why would Jesus stop for the woman, even though he is on his way to Jairus' home?

Prayer: Tell God again where you need healing and ask him to do it.

Saturday

Exodus 19:4 | Psalm 91:4 | Malachi 4:2 a (ESV)

Reflect: In the past week, how has God "carried" and "covered" you with his healing wings?

Prayer: Give thanks to God for his healing power.

Sunday

Isaiah 53:4-5

Reflect: What does this passage teach us about Jesus' role in our own healing? How has this statement been true in your life? "With Jesus, it is OK to not be OK."

Prayer: Write out Romans 8:28a in your journal, then simply tell Jesus where you are not okay.