

Life Steps

Life Changing Habits | December 31, 2023

Monday

Psalms 118:24-29

Reflect: Like each new day, habits are a gift from God to be enjoyed and used to bring about transformative life change. On January 1, 2024, what are the two or three new habits you intend to become a part of your daily lifestyle? For who and what, in particular, are you grateful today?

Prayer: This is the day that the Lord has made; I will rejoice and be glad in it.

Tuesday

Genesis 1:27-28 | Mathew 6:10

Reflect: Habits are kingdom extenders that begin with the "rule" God has given you over your body. What do you love about your body? What is your vision for your body in 2024 so God might better use you to bring his heavenly kingdom to earth?

Prayer: This is the day that the Lord has made; I will rejoice and be glad in it with every "member" of my body and being.

Wednesday

Romans 7:21-23

Reflect: Habits are tasks we outsource to our bodies for the living of our lives and the experiences others have of us. Sin has gotten into some of the "members" of our bodies. What are the sinful habits that are manifested in the "members" of your body?

Prayer: This is the day that the Lord has made; I will rejoice and be glad in it. And today God, purify my body from all my sinful habits.

Thursday

John 7:37-38

Reflect: Habits that are surrendered to God are irrigated and empowered with the waters of the Holy Spirit. Expound on the life change you hope the habits you identified on January 1st will have on you and the people in your inner circle.

Prayer: This is the day that the Lord has made; I will rejoice and be glad in it as I surrender my 2024 habits to your perfect will.

Friday

Galatians 5:1

Reflect: Sinful habits enslave us. Habits, constructive and destructive, that have been surrendered to God set us free to live creative and fruitful lives. What are your hopes and dreams for 2024? Consider the little habits, goals, next steps, and or strategies that might give life to your hopes and dreams.

Prayer: This is the year that the Lord has made: I will rejoice and be glad in it, one day at a time.

Saturday

2 Chronicles 7:14

Reflect: Today marks the beginning of our 40day prayer challenge. We are all encouraged to set a timer on our phones for 7:14 AM or 7:14 PM, 2 Chronicles 7:14 reference, and pray. Pause and speak a sentence or two to our ever-listening God. Pray alone or with others. Pray briefly or at length, but commit to pausing once a day for the next 40 days to pray at the exact same time as other members of your church family. Read the verse again. What do you sense God saying?

Prayer: Lord God, today I humbly begin a 40 day journey of prayer with my church family. Hear our prayers O Lord, forgive our sin and heal our land.

Sunday

Isaiah 56:7 | 1 Thessalonians 5:17

Reflect: Today marks day 2 of our 40 day prayer journey. What would it look like for your home and Pathway Church to be known as a "house of prayer?" What do you think Paul means when he instructs us to "pray continually?"

Prayer: Hear our prayers O Lord, today and every day.