

SERMON NOTES

February 28 & March 1, 2026

Changed: Storms

Mark 4:35-41

1. The Storms of Life

- _____

Mark 4:35-37

- _____

Mark 4:41a

- _____

Mark 4:38b

2. Storm Lessons

- Many of my storm survival tactics _____.

- I let the problems of the storm _____ **Mark 4:40**

- My lack of faith is not because I am afraid but because _____.

Hebrews 13:5 | Romans 8:1,39

- I must _____ when I am in the storm. **Mark 4:35**

- It's only in the storm I can learn _____ **Mark 4:35**

- The storm can lose all of its power over me when _____.

Acts 4:13

Life Steps

Changed: Storms | March 2-8, 2026

Monday

Mark 4:35-41

Reflect: What was your key “lesson” takeaway from the weekend message and why? In light of that lesson, what is your action step to bring about the change Jesus wants to make in your life?

Prayer: Spirit of the living God, use the storms of my life to fortify my faith, change my life, and help shape me into a true disciple of Jesus.

Tuesday

Mark 4:35-37

Reflect: The disciples were doing exactly what Jesus asked them to do. Recall a recent storm that swept into your life when you felt like you were doing what you were supposed to do. What kind of storm was it, circumstantial, emotional, spiritual? How did the storm impact you?

Prayer: Spirit of the living God, use the storms of my life to fortify my faith, change my life, and help shape me into a true disciple of Jesus.

Wednesday

Mark 4:35-38

Reflect: The disciples were so afraid they began to question the compassion and goodness of God. Recall a spiritual storm where you began to doubt or question the promises of God. What did that experience do to your faith?

Prayer: Spirit of the living God, use the storms of my life to fortify my faith, change my life, and help shape me into a true disciple of Jesus.

Thursday

Mark 4:35-40

Reflect: When any kind of storm rolls into your life, what is your default emotion? Why do you think that is? What do you do to get your emotions in check?

Prayer: Spirit of the living God, use the storms of my life to fortify my faith, change my life, and help shape me into a true disciple of Jesus.

Friday

Mark 4: 35-41

Reflect: The disciples ask a very important question. Who is this man who even the wind and waves obey? Who is Jesus to you, really?

Prayer: Spirit of the living God, use the storms of my life to fortify my faith, change my life, and help shape me into a true disciple of Jesus.

Saturday

Hebrews 13:5, Romans 8:1 & Romans 8:39

Reflect: When the raging storms of life roll in, many of us struggle because we forget the promises of God. Write out each of these three promises in your journal and claim one of them to revisit throughout the day.

Prayer: Spirit of the living God, use the storms of my life to fortify my faith, change my life, and help shape me into a true disciple of Jesus.

Sunday

Isaiah 25:1

Reflect: What are some of the “wonderful things” you have witnessed God do in the past week?

Prayer: God, this is the day that you have made, regardless of what it brings, and even though I lost an hour of sleep last night, I am going to rejoice and be glad in it!