

SERMON NOTES

March 14 & 15, 2026

Changed: Healthy, Whole & Healing James 5:16

Main Truths:

James 5:16

- Jesus can heal _____ at _____.
- Hurt people who think they are _____ can cause harm.

Explore: Heal = _____, _____, _____

1. Consider what I need to _____.

Mark 8:22-26

Healing can begin when...

- I stop _____ and _____ I have a problem.
- I stop thinking I can do it _____.

Connect: Heal = Approval of _____, Self _____

2. Consider what I need to _____.

Mark 7:32-37

Healing can begin when...

- I start believing I am _____ of Jesus' healing.
- I start evaluating if my _____ and _____ need to change.

Serve: Heal = Replacing " _____ with Jesus" with " _____ for Jesus"

3. Consider how I need to _____ with Jesus.

Mark 10:46-52

Healing continues when...

- I share how Jesus healed me through _____.

Make Disciples: Heal = Critical _____, _____ Complex

4. Consider where I am _____ and _____ blind. Mark 8:17-19

- What do I need to _____? _____?
- How do I need to _____ with Jesus?

5. Consider where God wants to use me so others may be _____, _____,
and _____.

Mark 2:4-5

Life Steps

Changed: Healthy, Whole & Healing | March 16-22, 2026

Monday

Mark 1:40-45 | Jesus Heals the Leper

Reflect: The man healed from leprosy began with, "Jesus, are you willing?" There have been, or will be, moments in our life when we ask the same question. Jesus, are you willing? Can you hear me? Do you care? What healing have you been hoping for that you have not received? Connect with us at prayer@pathway.church if you would like prayer.

Prayer: God, help me trust in your promise and not be blinded by the problems in my life. Amen

Tuesday

Mark 7:31-37 | Jesus Heals a Deaf and Mute Man

Reflect: Against Jesus' instruction, people talked about the healing experience. Lines were drawn where Jesus could go and where He couldn't, but people still came to him. Reflect on moments in your life when Jesus has healed you, and you had to tell someone.

Prayer: God, open my eyes, ears, and heart to the places most resistant to change. Use me to connect one more to the healing power of Your Son. Amen

Wednesday

Mark 8:22-26 | Jesus Heals a Blind Man at Bethsaida

Reflect: This healing takes Jesus two attempts. Scholars offer an array of interpretations, one of which suggests that this man could have been born blind. However, it did not prevent it, even though he was born this way. What "ways" are you likely to claim as "this is just the way I am?"

Prayer: God, reveal to me why I get frustrated, disappointed, and even angry. Soften my heart so that healing may begin. Amen

Thursday

Mark 5:24-43 | Jesus Raises a Dead Girl and Heals a Sick Woman

Reflect: This is two healings in one. The sick woman had to forgo a communal rule that would physically isolate her from people due to her being unclean. Her faith in Jesus was more important than a rule and ultimately, what healed her. Is there an idea or inherited belief that keeps you from believing Jesus can help you?

Prayer: God, search me and reveal any struggle that keeps me from being healthy, whole, and healed in your presence. Amen

Friday

Mark 3:1-6 | Jesus heals on the Sabbath

Reflect: Jesus broke a rule set in place by people in order to help someone who was hurting. These people knew scripture and God. Are there any rules we place on ourselves, our community, or others that serve as a barrier to experiencing God's help?

Prayer: God, help me care for those who frustrate me, love those who are different than me, and pray for those who hurt me. Amen

Saturday

Mark 10:46-52 | Blind Bartimaeus Receives His Sight

Reflect: Bartimaeus followed Jesus along the road. In our faith journey, Jesus is never far from us, yet we can stray from His presence quickly. What rule of life can you implement to stay with Jesus minute to minute, day to day?

Prayer: God, help me slow down to be with You. Help me move at the unhurried pace of Jesus. Amen

Sunday

Mark 2:1-5

Reflect: Any Christian who has followed Jesus for a long time can tell someone how they are living in sin. Sometimes those words are not necessary. We don't need to be a savior; we simply need to bring others to Him. Who needs you to lower them to the feet of Jesus?

Prayer: God, You have called me to share the gospel with people by how I live, lead, and love. Let my life be an invitation that attracts people to you. Amen