

# SERMON NOTES

June 27 & 28, 2026

## The Holy Spirit Series: How Do We Grow? Galatians 5:13-26

How do we grow?

1. \_\_\_\_\_ is short lived because our will power eventually runs out.

2. Trying to grow spiritually without the Holy Spirit will \_\_\_\_\_

\_\_\_\_\_.

3. Word Study: Righteousness (Greek dikaios) - To be and to act right \_\_\_\_\_

**Galatians 5:5**

4. In my life, what is \_\_\_\_\_ becomes \_\_\_\_\_.

**Galatians 5:22**

5. How do I make the \_\_\_\_\_ more primary in my life so the \_\_\_\_\_

\_\_\_\_\_ can be more pervasive?

- First Step: \_\_\_\_\_ that does not have fruit bearing power in my life. **Galatians 5:24**

- Second Step: \_\_\_\_\_ the Spirit **Galatians 5:16**

• \_\_\_\_\_ with the Holy Spirit **Ephesians 4:30**

• \_\_\_\_\_ from the Holy Spirit

• \_\_\_\_\_ upon the Holy Spirit

# Life Steps

**The Holy Spirit Series:** How Do We Grow? | June 29 - July 5, 2026

## Monday

**Galatians 5:1-4**

**Reflect:** Paul suggests that legalism and behavior management are not productive means of spiritual growth. Why is that? How does Paul define freedom in Christ, and how does that contrast with the world's definition of freedom?

**Prayer:** Practice the 2-minute challenge. Spend one minute reflecting on the 9 fruits of the Spirit. Spend the next minute reciting the provided prayer. Record anything you sense the Holy Spirit saying to you. (See the card provided in worship or view on the App.)

## Tuesday

**Galatians 5:5**

**Reflect:** What does the word "righteousness" mean to you? According to this verse, how do we grow in "righteousness"? Write out this verse in your own words.

**Prayer:** Practice the 2-minute challenge. Spend one minute reflecting on the 9 fruits of the Spirit. Spend the next minute reciting the provided prayer. Record anything you sense the Holy Spirit saying to you. (See the card provided in worship or view on the App.)

## Wednesday

**Galatians 5:13-21**

**Reflect:** Why does Paul emphasize the conflict between the works of the flesh and the works of the Spirit in our lives? How can we discern between the works of the flesh and the fruit of the Spirit in our lives?

**Prayer:** Practice the 2-minute challenge. Spend one minute reflecting on the 9 fruits of the Spirit. Spend the next minute reciting the provided prayer. Record anything you sense the Holy Spirit saying to you. (See the card provided in worship or view on the App.)

## Thursday

**Galatians 5:22-24**

**Reflect:** Identify the desires, passions, and habits that have no fruit-bearing power in your life. What would it look like for you to crucify them, remove them from power in your life?

**Prayer:** Practice the 2-minute challenge. Spend one minute reflecting on the 9 fruits of the Spirit. Spend the next minute reciting the provided prayer. Record anything you sense the Holy Spirit saying to you. (See the card provided in worship or view on the App.)

## Friday

**Galatians 5:25**

**Reflect:** How does the fruit of the Spirit align with your understanding of the character of God? Has the 2-minute challenge, walking in the Spirit, been a productive exercise? If so, how? If not, why not?

**Prayer:** Practice the 2-minute challenge. Spend one minute reflecting on the 9 fruits of the Spirit. Spend the next minute reciting the provided prayer. Record anything you sense the Holy Spirit saying to you. (See the card provided in worship or view on the App.)

## Saturday

**1 Thessalonians 5:18**

**Reflect:** As we pause to celebrate the 250th birthday of America, we recognize the importance of gratitude. Being grateful helps us cherish the freedoms we all enjoy. Identify as many freedoms as you can for which you are especially grateful on this, our nation's birthday.

**Prayer:** Today, God, we are grateful for the abundant blessings you have bestowed upon America. You have blessed us not because of our goodness, but because of your grace. Thank you for all the freedoms we enjoy and use us to bring the hope of freedom to every child, woman, and man. In Jesus name, amen.

## Sunday

**Psalms 33:12**

**Reflect:** As we pause to celebrate our nation's 250th birthday, in humility, we also recognize our imperfections and brokenness. What are our blind spots and shortcomings that you want to ask God to forgive and heal?

**Prayer:** Lord, have mercy on America. Forgive our nation's sins. Heal the wounds caused by division, rebellion, and pride. Restore our land and turn our hearts back toward you. Guide us into the future with your wisdom, compassion, and love. In Jesus name, amen.