

SERMON NOTES

August 1 & 2, 2026

Relationship Status: "It's Complicated" Me & Jesus
Ephesians 4:15

Main Question: How do I _____ with Jesus to _____ with Jesus?

Practices

- _____ on Scripture. **Proverbs 3:3**
- Practice _____ as an act of surrender. **Mark 2:27**
- ➔ Let my yes mean _____ and my no mean _____. **Matthew 5:37**
- _____ my gifts. **1 Peter 4:10**
- Focus on God's _____ on my life instead of my _____. **Ephesians 4:1b**
- Pray for others and _____ prayer **Ephesians 3:14-21**

Life Steps

Relationship Status: "It's Complicated" Me & Jesus | August 3-9, 2026

Monday

Ephesians 3:14-21

Reflect: Has there ever been a time you have had a conversation and know it was rooted in love? What about a time when the conversation wasn't rooted in love? What is the difference between the two?

Prayer: God, help me be rooted in your love. Help me become aware of your presence, so I know when I stray from it. Amen.

Tuesday

Proverbs 3:1-3

Reflect: What are some of your go-to verses that help you see yourself the way God sees you? What are some of the go-to verses that help you see others the way God sees them? If you don't have favorites yet, use your time to look some up!

Prayer: God, help any interaction I have with others be an overflow of your love and faithfulness. Amen.

Wednesday

Mark 2:23 -27

Reflect: What are your barriers to creating a 24-hour period to BE with God? Plan your next sabbath on your calendar like it's an appointment you cannot miss.

Prayer: God, renew me as I rest in Your presence. Energize my spirit so that as others experience me, they actually experience You. Amen.

Thursday

Matthew 5:33-37

Reflect: God, help me refine my yes and my no so I may walk the path You have planned for me.

Prayer: God, reveal to me any unnecessary places I have said yes to so I can create a margin to be in Your presence. Amen.

Friday

1 Peter 4:7-10

Reflect: What keeps you from being alert and sober-minded? Who can you offer more love to? Where can you extend more hospitality? Do you know God has given you gifts to help others discover His grace?

Prayer: God, use me to help one more discover your love and grace. Amen.

Saturday

Ephesians 4:14-15

Reflect: What truth does God say about you? How much does He love you? Are there any other voices or thoughts that say otherwise?

Prayer: God, help me be who you have created me to be no matter who I am around and no matter what is said about me. Amen.

Sunday

Ephesians 4:1-7

Reflect: Do you know how deeply you are loved? God has placed a calling on your Life. When considering God's call on your life, write down what You feel He is calling you to do next. Baptism? Joining a church? Serve? Tithe?

Prayer: God, I am worthy of Your love. Use me to connect others to Your love. Awaken Your calling in me. Amen.